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U.S. Physical Therapy Presented at the 18th Annual Southwest IDEAS Conference

Houston, TX, November 19, 2026 – U.S. Physical Therapy, Inc. ("USPH" or the "Company") (NYSE, NYSE Texas: USPH), a national operator of outpatient physical therapy clinics and provider of industrial injury prevention services, today announced that Chris Reading, Chairman and Chief Executive Officer, and Nchacha Etta, Chief Financial Officer, presented at the 18th Annual Southwest Ideas Conference held on November 18, 2026. The presentation included a discussion of the overall operating environment in healthcare, the Company's key initiatives and a broad overview of opportunities.

About U.S. Physical Therapy, Inc.

Founded in 1990, U.S. Physical Therapy, Inc. owns and/or manages 802 outpatient physical therapy locations in 45 states. USPH clinics provide preventative and post-operative care for a variety of orthopedic-related disorders and sports-related injuries, treatment for neurologically-related injuries and rehabilitation of injured workers. USPH also has an industrial injury prevention business which provides onsite services for clients' employees including injury prevention and rehabilitation, performance optimization, post-offer employment testing, functional capacity evaluations, and ergonomic assessments.

More information about U.S. Physical Therapy, Inc. is available at www.usph.com. The information included on that website is not incorporated into this press release.