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**U.S. PHYSICAL THERAPY, INC. SCHEDULES
FOURTH QUARTER AND YEAR ENDED DECEMBER 31, 2025
EARNINGS RELEASE AND CONFERENCE CALL DATES**

Houston, TX – February 11, 2026 – U.S. Physical Therapy, Inc. (“USPh” or the “Company”) (NYSE, NYSE Texas: USPH), a national operator of outpatient physical therapy clinics and provider of industrial injury prevention services, announced that it will report its financial results for the fourth quarter and year ended December 31, 2025, on Wednesday, February 25, 2026, after the stock market closes, with the conference call to follow the next morning, on Thursday, February 26, 2026.

Conference Call

Date: Thursday, February 26, 2026

Time: 10:30 am Eastern / 9:30 am Central

Dial-In Number: (800) 445-7795 Primary or
(785) 424-1699 Alternate

Conference ID: USPHQ425

(In order to join this conference call,
you will be required to provide the Conference ID listed above)

To participate, please call in 15 minutes prior to start time.

To listen to the live call, please go to www.usph.com and click on conference calls under the Investor Relations section. Please go to the website 15 minutes early to register, download and install any necessary audio software. If you are unable to listen live, a playback of the conference call can be accessed until May 27, 2026 at USPh’s website.

About U.S. Physical Therapy, Inc.

Founded in 1990, U.S. Physical Therapy, Inc. owns and/or manages 780 outpatient physical therapy clinics in 44 states. USPH clinics provide preventative and post-operative care for a variety of orthopedic-related disorders and sports-related injuries, treatment for neurologically-related injuries and rehabilitation of injured workers. USPH also has an industrial injury prevention business which provides onsite services for clients' employees including injury prevention and rehabilitation, performance optimization, post-offer employment testing, functional capacity evaluations, and ergonomic assessments.

More information about U.S. Physical Therapy, Inc. is available at www.usph.com. The information included on that website is not incorporated into this press release.

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