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**U.S. PHYSICAL THERAPY, INC. SCHEDULES
FIRST QUARTER 2023 EARNINGS RELEASE AND CONFERENCE CALL**

Houston, TX – April 19, 2023 - U.S. Physical Therapy, Inc. (NYSE: USPH), a national operator of outpatient physical therapy clinics and provider of industrial injury prevention services, announced that it will report its financial results for the first quarter ended March 31, 2023 on Wednesday, May 3, 2023, after the stock market closes, with the conference call to follow the next morning, on Thursday, May 4, 2023.

Conference Call	Date: Thursday, May 4, 2023 Time: 10:30 am Eastern/9:30 am Central Dial-In Number: (800) 895-3361 Primary or (785) 424-1062 Alternate Conference ID: USPHQ123 (In order to join this conference call, you will be required to provide the Conference ID listed above)
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To participate, please call in 10 minutes prior to start time.

To listen to the live call, please go to www.usph.com and click on conference calls under the Investor Relations section. Please go to the website 15 minutes early to register, download and install any necessary audio software. If you are unable to listen live, a playback of the conference call can be accessed until August 4, 2023 at U.S. Physical Therapy's website.

About U.S. Physical Therapy, Inc.

Founded in 1990, U.S. Physical Therapy, Inc. operates 647 outpatient physical therapy clinics in 40 states. The Company's clinics provide preventative and post-operative care for a variety of orthopedic-related disorders and sports-related injuries, treatment for neurologically-related

injuries and rehabilitation of injured workers. In addition to owning and operating clinics, the Company manages 36 physical therapy facilities for unaffiliated third parties, including hospitals and physician groups. The Company also has an industrial injury prevention services business which provides onsite services for clients' employees including injury prevention and rehabilitation, performance optimization, post-offer employment testing, functional capacity evaluations, and ergonomic assessments.

More information about U.S. Physical Therapy, Inc. is available at www.usph.com The information included on that website is not incorporated into this press release.

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