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**U.S. Physical Therapy to Present at
the Stephens Annual Investment Conference and
the 14th Annual Southwest IDEAS Investor Conference**

Houston, TX, November 15, 2022 – U.S. Physical Therapy, Inc. (NYSE: USPH), a national operator of outpatient physical therapy clinics and provider of industrial injury prevention services (the "Company"), today announced that Carey Hendrickson, Chief Financial Officer, and Eric Williams, Chief Operating Officer, will participate in the 14th Annual Southwest Ideas Conference on Wednesday, November 16, 2022. On the following Thursday, November 17, 2022, Chris Reading, Chief Executive Officer, will participate in the Stephens Annual Investment Conference. The presentations will cover an overview of the Company.

A copy of USPh's investor presentation is posted on the Company's website at www.usph.com.

About U.S. Physical Therapy, Inc.

Founded in 1990, U.S. Physical Therapy, Inc. operates 629 outpatient physical therapy clinics in 40 states. The Company's clinics provide preventative and post-operative care for a variety of orthopedic-related disorders and sports-related injuries, treatment for neurologically-related injuries and rehabilitation of injured workers. In addition to owning and operating clinics, the Company manages 39 physical therapy facilities for unaffiliated third parties, including hospitals and physician groups. The Company also has an industrial injury prevention business which provides onsite services for clients' employees including injury prevention and rehabilitation, performance optimization, post-offer employment testing, functional capacity evaluations, and ergonomic assessments.

More information about U.S. Physical Therapy, Inc. is available at www.usph.com. The information included on that website is not incorporated into this press release.