



U.S. *Ph*YSICAL THERAPY, INC.

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**U.S. PHYSICAL THERAPY, INC. SCHEDULES
FIRST QUARTER 2019
RELEASE AND CONFERENCE CALL FOR
THURSDAY, May 2, 2019**

Houston, TX – April 08, 2019 - U.S. Physical Therapy, Inc. (NYSE: USPH), a national operator of outpatient physical therapy clinics, announced that it will issue its financial results for the first quarter ended March 31, 2019 on Thursday, May 2, 2019. The results will be released before the opening of the stock market that day.

U.S. Physical Therapy’s management will host a conference call on Thursday, May 2nd to discuss the first quarter ended March 31, 2019 results.

Conference Call	Date: Thursday, May 2, 2019 Time: 10:30 am Eastern /9:30 am Central Dial-In Number: 1-888-335-5539 or 973-582-2857 Reservation Number: 7918419
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To participate, please call in 10 minutes prior to start time.

To listen to the live call, please go to www.usph.com and click on conference calls under the Investor Relations section. Please go to the website 15 minutes early to register, download and install any necessary audio software. If you are unable to listen live, a playback of the conference call can be accessed until August 2, 2019 at U.S. Physical Therapy’s website.

Founded in 1990, U.S. Physical Therapy, Inc. operates 590 outpatient physical therapy clinics in 41 states. The Company's clinics provide preventative and post-operative care for a variety of orthopedic-related disorders and sports-related injuries, treatment for neurologically-related injuries and rehabilitation of injured workers. In addition to owning and operating clinics, the Company manages 28 physical therapy facilities for unaffiliated third parties, including hospitals and physician groups. The Company also has an industrial injury prevention business which provides onsite services for clients' employees including injury prevention, rehabilitation, ergonomic assessments and performance optimization.

More information about U.S. Physical Therapy, Inc. is available at www.usph.com. The information included on that website is not incorporated into this press release.

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